

# Garlic Parmesan Roasted Sweet Potatoes



Makes 6 servings

Prep 10 minutes, cook 30 minutes

Ingredients:

- 2 sweet potatoes, peeled and sliced
- 2 tsp minced garlic
- 1 tbsp olive oil
- 2 tbsp butter, melted
- 4 tbsp grated parmesan cheese
- ½ tsp garlic salt
- ½ tsp Italian seasoning
- Fresh thyme



Directions:

1. Preheat your oven to 400°F (200°C).
2. Place garlic, oil, butter, salt, parmesan cheese and Italian seasoning in a ziplock bag and mix well. Throw in peeled and sliced sweet potatoes and shake until well coated.
3. Lightly butter a baking dish and arrange coated sweet potatoes into a spiral. Sprinkle with a little parmesan if you like.
4. Bake sweet potatoes for 30-35 minutes. Serve your garlic parmesan roasted sweet potatoes warm and sprinkle with thyme if desired.

Recipe from: <https://www.eatwell101.com/garlic-parmesan-roasted-sweet-potato-recipe#recipecardo>

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